Dear Parents/Caregivers,

We are busy doing lots of learning at Preschool. The weather is starting to cool down and we are limited as to how much outdoor play we get. Fortunately we share the facilities of the school and get to use their library and C.O.L.A (covered outdoor learning area) come rain or shine.

Thank you to all who have returned the consent note for their child to participate in the “Lift the lip” dental check.

I will be beginning parent interviews next week and have sent out allocated times to those who responded promptly. Please return your preferred times if you haven’t already done so.

Preschool fees are still outstanding please pay as prompt as possible or speak to staff.

AUSKICK BBQ’s are our major fundraiser for the preschool and we appreciate helpers on the stall. Please return your note with times you are able to help. We do not have any names for June 27th, August 1st and 8th.

Please come along to Playgroup and encourage any friends/family who have children under 5 years of age to bring them along.

Kind regards,

Director
End of the Day
Just a reminder that the preschool session ends at 3:00pm on Mondays and Tuesdays, and 11.15 am on Wednesdays. Please ensure you are at the preschool ready for the dismissal. Your child will appreciate knowing you are here when the goodbye song is sung.
If any of your collection or contact details change please notify staff. We can not hand on children to people who are not authorised to collect the child.

Sitting Positions
We are noticing that there are many children at preschool who are choosing to use the ‘W-sitting’ position when on the floor.

“W-sit” is a term to describe a sitting position in which a child sits on the floor with their bottom between bent legs and their legs rotated so they are facing away from their body. Their legs form a “W” shape on the floor.

W-sitting is discouraged because of the long-term effect it could have on the muscles and joints of the back, hips, knees and feet.

Children who W-sit may also develop a posture commonly known as sway back and have a tendency to walk and stand with feet turned inwards. This is usually accompanied by tight hamstrings and lower back muscles.

To avoid W-sitting, sit with your child on the floor and model a different way of sitting.

You can suggest sitting cross-legged or on their side with their legs both out to the one-side. If your child prefers side sitting, it is a good idea to make sure it isn’t always on the same side.

Trick Containers!
Have you ever checked to see if your child can open the container you send their fruit or lunch in to preschool? Quite often, children struggle to open their containers and need adult help to remove lids. Remembering that we are trying to foster your child’s independence, please check to make sure they can open the container you send their food in.

The squeeze pack yoghurts also prove to be a challenge for many children. If you are sending these along for your child could you please ensure you crack the seal and gently screw the lid back on. This way, when your child comes to open it they succeed with ease.

Tissues
Our tissue supply is much deplete at the moment. Tissues are an expense at preschool that we believe could be reduced in order to purchase more meaningful materials such as paint, puzzles and games etc. If you could donate and send along a box of tissues it would be much appreciated.
This term we will be continuing our fortnightly Talk Topics. Talk Topics provide children with opportunities to talk about an object, experience, or share information about a topic that is on the suggested topic list.

Developing communication skills, confidence and social skills such as waiting for a turn, listening to others, responding appropriately to a speaker and questioning skills, are some examples of children’s learning that will occur as they will participate.

In order to make this experience even more meaningful, we encourage children to discuss the topics with you at home as a way of planning their talk and any items they may need to bring in.

Each Talk Topic runs over a fortnightly period and we really encourage all children to have a turn in each two week period. The Talk Topics for this term are aligned with the five learning outcomes of the Early Years Learning Framework: Belonging, Being and Becoming.

Place your child’s name on the sheet, on the bench as you enter the Preschool, on the morning they would like to share.

If you require any further information please see staff and we look forward to hearing your children share at Talk Topic time in the near future!

<table>
<thead>
<tr>
<th>Weeks</th>
<th>Talk Topic</th>
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<tbody>
<tr>
<td>Five and six</td>
<td>Bring along a favourite picture/story book to share.</td>
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<tr>
<td>Seven and eight</td>
<td>Talk about food our family eats. Bring along a traditional family recipe.</td>
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<tr>
<td>Nine and ten</td>
<td>A favourite family holiday. Bring any photos (printed or on USB)</td>
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Facebook Page

Renmark West Preschool is on Facebook!

‘Like’ our page and keep yourself up to date with the happenings at the preschool.
Find us at...
www.facebook.com/renmarkwestpreschool

Never hesitate to ask!

If you ever have a question about your child and their development, progress or learning, or are unsure about a routine or process, please ask a staff member. We are more than happy to help you with any question you might have, and if we can’t answer it for you then and there we will always endeavour to find out the answer for you! Staff are available in the mornings and afternoons, or you can contact us by phone or email at any time. If you would like to talk to staff in more detail or in private please do not hesitate to make an appointment with us. We are here to help in any way we can!

“Children and the period of childhood is where a community must invest its time, attention, thought and education.”

Kathy Walker